

Rights and resources for STEM parents

Finding support

Connect with others and advocate



Moms in Proteomics

Resources for parents at NIH (intramural)

Parental rights

While every person will have unique rights depending on their country, state, institution, sex and job title, these resources will help you understand your rights as a pregnant person and/or parent.



Pregnancy discrimination



Pregnant Workers Fairness Act



FMLA protections (Federal)



State FMLA laws



Title IX basics



The PUMP Act

Planning

Is there a best time?

NPA Pregnancy and Maternity Guide



Lab safety

Laboratory exposure as a pregnant person

Unique chemical risks for pregnant researchers

More resources



Federal harassment policies



NIH parental policies



NSF career-life FAQs

Re-entry supplements via NIH and NSF